



# DAILY SPECIALS

## **MONDAY - THE NEW YORKER (hot)**

Corned beef, sauerkraut, Swiss cheese, 1000 Island dressing on focaccia

## **TUESDAY - CHICKEN PARMESAN (hot)**

Breaded chicken breast, mozzarella cheese, marinara sauce on focaccia

## **WEDNESDAY - CAJUN CHICKEN (hot)**

Blackened chicken breast, pepperjack cheese, lettuce, tomato, red onion, cajun mayo on focaccia

## **THURSDAY - ITALIAN SAUSAGE GRINDER (hot)**

House made sausage, provolone cheese, sautéed onion, sautéed bell pepper, marinara sauce on a hoagie

## **FRIDAY - ITALIAN BEEF (hot)**

Roast beef, spicy giardiniera, sautéed onion on a hoagie

## SOUP

CUP \$3 BOWL \$5

POTATO PEPPERJACK CHEESE  
SOUP OF THE DAY  
CHILI

## EXTRAS & TREATS

FOUNTAIN DRINKS \$2

BOTTLED BEVERAGES \$2

CAN DRINKS \$1

ITALIAN PASTA SALAD \$3

MUSTARD POTATO SALAD \$3

COOKIES \$1

CHIPS \$1

# SOUTH UNION BREAD CAFÉ

Brown Bag Lunches  
&  
Carry-Out Catering

## **BROWN BAG LUNCHES**

Regular **cold** sandwich, soda, cookie and choice of chips, pasta salad, potato salad or Caesar salad.  
\$10

## **PARTY FOCACCIA SANDWICH**

Your choice of turkey, Italian sub or roast beef on a huge South Union garlic focaccia loaf, with lettuce, tomato, red onion and pickles  
Serves 4-5 \$ 22

## **MEAT & CHEESE TRAYS**

Choice of three meats and two cheeses with South Union garlic focaccia bread; includes lettuce, tomatoes, pickles, red onion and condiments  
Serves 15 \$75 Serves 30 \$150

## **POTATO & PASTA SALADS**

Serves 4-5 \$10

## **COOKIES**

Single \$1 Dozen \$11

## **BREAD TO-GO**

Baguette \$3 Garlic Focaccia \$5 Wheat Focaccia \$5

Catering orders can be customized to meet your needs.

**\*Please order all carry-out items (including: trays, party focaccias and brown bag lunches) by 9:30am the day needed.\* Please allow extra time if ordering after 10:30am and if ordering more than 5 sandwiches.**

Thank you.

rev 4/10



1007 Locust Street  
Des Moines 50309

515.248.1782  
FAX: 515.248.1815

Hours:  
Monday-Friday  
11 am - 2pm

# SOUTH UNION BREAD CAFÉ

## HOT & COLD SANDWICHES

**REGULAR SANDWICH \$6 LARGE SANDWICH \$11 COMBO ADD \$3**

*COMBO includes a fountain drink and choice of potato salad, pasta salad or soup.  
Substitute a regular bowl for salad bar for an additional \$1.*

<p><b>HOT ITALIAN (hot)</b> Ham, roast beef, cappicola, smoked turkey, pepperoni, mozzarella, lettuce and mayo on focaccia</p>	<p><b>HOT CHEESE MELT (hot)</b> Pepperjack cheese, Swiss cheese, mozzarella, lettuce, tomato, onion, pickle, banana pepper rings and mayo on focaccia</p>	<p><b>GEORGE'S SPECIAL (hot)</b> Ham, roast pork, salami, Swiss cheese, onion, pickle, mayo and mustard on focaccia</p>	<p><b>TURKEY SUB (cold)</b> Turkey, mozzarella cheese, sprouts, lettuce, tomato, onion, banana pepper rings, pickles and mayo on wheat focaccia</p>
<p><b>BILLY'S CLUB (hot)</b> Roasted chicken, cappicola, pepperjack cheese, sautéed onion, sautéed bell pepper and mayo on focaccia</p>	<p><b>CAJUN TUNA MELT (hot)</b> Cajun tuna, mozzarella cheese, lettuce and tomato on focaccia</p>	<p><b>SARAH'S REVENGE (hot)</b> Roast beef, bacon, mozzarella cheese, red onion, sautéed bell pepper, sautéed onion and horseradish sauce on focaccia</p>	<p><b>ROAST BEEF SUB (cold)</b> Roast beef, mozzarella cheese, lettuce and mayo on focaccia</p>
<p><b>TRIPLE PEPPER TURKEY (hot)</b> Turkey, pepperjack cheese, roasted red pepper, lettuce, banana pepper rings and ranch dressing on focaccia</p>	<p><b>HOT TURKEY CLUB (hot)</b> Turkey, Swiss cheese, bacon, lettuce, tomato and mayo on wheat focaccia</p>	<p><b>PESTO CHICKEN MELT (hot)</b> Roasted chicken, basil pesto, mozzarella cheese, roasted red pepper and mayo on focaccia</p>	<p><b>TURKEY PEPPER CHEESE (cold)</b> Smoked turkey, pepperjack cheese, lettuce and mayo on focaccia</p>
<p><b>SANTA FE TURKEY (hot)</b> Smoked turkey, mozzarella, lettuce, tomato and guacamole on focaccia</p>	<p><b>FORMARO CHEESESTEAK (hot)</b> Roast beef, provolone cheese, sautéed onion, sautéed bell pepper and mayo on focaccia</p>	<p><b>SICILIAN (hot)</b> Cappicola, roast beef, roasted red pepper, mozzarella and marinara sauce on focaccia</p>	<p><b>COLD ITALIAN (cold)</b> Ham, roast beef, pepperoni, smoked turkey, cappicola, mozzarella cheese, lettuce, tomato, onion, pickles, banana pepper rings and mayo on focaccia</p>
<p><b>TURKEY BACON MELT (hot)</b> Smoked turkey, mozzarella, bacon, tomato, mustard and mayo on focaccia</p>	<p><b>HAM AND SWISS MELT (hot)</b> Ham, Swiss cheese, lettuce and mayo on focaccia</p>	<p><b>COLD CLUB (cold)</b> Turkey, ham, bacon, mozzarella cheese, lettuce, tomato and mayo on Italian bread</p>	<p><b>SPICY VEGGIE SUB (cold)</b> Cucumber, bell pepper, tomato, onion, lettuce and spicy cream cheese on wheat focaccia</p>

## SALADS

*One trip only, please.*

**REGULAR BOWL \$4 LARGE BOWL \$8  
ADD SOUP \$2**

Everything you need to make your favorite 'old school' South Union salads is on the NEW salad bar!  
**Here are the recipes....shhhhh! DON'T TELL GEORGE!**

**South Union Taco Salad:** Romaine lettuce, tortilla chips, chili, white cheddar cheese, guacamole, tomato and chipotle dressing

**Chicken BLT Salad:** Romaine lettuce, chicken breast, bacon, tomato and creamy Parmesan dressing

**Chicken Caesar Salad:** Romaine lettuce, chicken breast, Parmesan cheese, Caesar dressing, croutons

**Greek Salad:** Romaine lettuce, hummus, tabbouleh, olives, cucumber, tomato, feta cheese, roasted garlic vinaigrette

**Centro Salad:** Mixed greens, red onion, Gorgonzola cheese, pecans, balsamic dressing

**Santa Fe Chicken Salad:** Romaine lettuce, chicken breast, corn salsa, tomato, guacamole, chipotle dressing, tortilla chips

**Bruschetta Salad:** Mixed greens, tomato, mozzarella, red onion, roasted garlic vinaigrette, croutons

**Hey Mambo:** Mixed greens, pepperoni, mozzarella, banana peppers, red onion, olives, tomato, roasted garlic vinaigrette, croutons

**Turkey Bacon Club:** Mixed greens, Thumann's smoked turkey, bacon, mozzarella, tomato, creamy Parmesan dressing

**Chicken Bacon Parmesan:** Romaine lettuce, red onion, tomato, bacon, Parmesan, creamy Parmesan dressing, croutons

**DINE-IN & CARRY-OUT 248-1782 FAX: 248-1815**

South Union Bread Café proudly serves



and



meats.